This website. Is intended to be a social fitness website where friends can help each other track and achieve their fitness goals. This website must be coded using only HTML and CSS. I will need access to the code so I can add in specific things. I am asking you to make a rough draft of the actual website so her is what I need for now:   
  
Code the landing page for the websitesite. Code at least one secondary-level page or page section with placeholder content. These two pages/sections require the following:

* A functioning grid
* At least 5 separate content items (e.g., articles, product cards, navigation, etc.).
* Cohesive style that has been applied using an external stylesheet (css)
* All images load quickly on a high-speed Internet connection
* Functional links
* No gaps or empty content. The layout should roughly reflect the mocked-up layout provided below.

**Mockup Homepage:**

Screens screenshot of a chat

Description automatically generated

**Mockup Goals Page:**

A screenshot of a computer

Description automatically generated

**Style Guide:**

**Style Guide for website named “Fit Flex” Everything here is Optional do what you think would look and work best.**

Logo Specifications:

- Placement: The logo should be prominently placed in the top-left corner of the interface.

- Colors: The logo may have variations for light and dark themes to ensure visibility and aesthetic coherence. Pseudo-class states should be considered for interactive logos. (Still trying to figure this one out. I thought it’d be a cool idea.

- Sizing: Maintain a consistent size ratio to ensure clarity and legibility across different applications. Avoid excessive scaling or warping.

- FitFlex Favicon will likely be 16 x 16 px.

Color Palette/Themes:

- According to the chart below the colors will be:

- Primary Colors: #3498DB (Blue), #F0F3F4 (White/Grey), #34495E (dark Blue, Grey)

- Secondary Colors: #F39C12(Orange), #666666 (Dark Gray)

- Accent Color: #FF3333 (Red)

- Contrast Pairing: Provide sufficient contrast between text and background colors for accessibility. Dos: Dark text on a light background. Don'ts: Avoid low contrast combinations that may hinder readability.

Color Mood Board:

A screenshot of a computer screen

Description automatically generated

These colors in addition to the ones seen on the mockup above

Typography:

- Headings (H1-H6): Use "Montserrat" for headings.

- Body Text: "Roboto" is the designated font for body text.

- Italics, Bold, Lists, Quotes: Italics for emphasis, bold for strong emphasis. Clearly define list styles. Use blockquotes sparingly for emphasis.

- Specifications:

- Line-height: 1.5

- Font-weight: Regular (400) for body text, bold (700) for headings.

- Font-size: Body text (16px), H1 (36px), H2 (30px), H3 (24px), H4 (20px), H5 (18px), H6 (16px).

- Letter-spacing: Normal for body text, adjusted for headings.

Link Treatments: (I think??)

- Color: Blue (#003366) for unvisited, Purple (#800080) for visited links.

- Underline: Underline on hover for better user feedback.

- Bullet Points: Customized bullet points for lists.

Components:

- Buttons: Rounded edges, consistent sizing, primary color for primary actions.

- Forms: Adequate spacing between form elements, clear labels, and consistent styling.

- Interactive Pseudo-classes: Clearly define the states of interactive elements (hover, active, focus).

Margins, Padding, Borders, Size, Functionality:

- Maintain consistent spacing for margins and padding.

- Clearly define borders for visual distinction.

- Specify the size of components for uniformity.

- Ensure functionality aligns with user expectations.

Grids and Spacing:

- Columns: Utilize a 12-column grid system for layout consistency.

- Rows: Clearly define spacing between rows.

- Margins, Grid-gaps: Consistently apply margins and grid-gaps for a structured layout.

Responsiveness:

- Breakpoints: Define breakpoints for different device sizes.

- Navigation: Consider collapsing navigation on smaller screens.

- Headers, Footers, Asides: Adjust layouts for optimal viewing on various devices.